

CURRICULUM VITAE 1976

MARY ANN MAJCHRZAK

EDUCATION

1975

Syracuse University, Syracuse, New York

School of Social Work

Degree: M.S.W. Masters in Social Work

1969

State University of New York at Cortland

Degree: B.A. in Sociology

CERTIFICATION

- Certified Social Worker, State of New York; License number 016984
- National Association of Social Workers, Member; number 880-99-6223

TRAINING

1976

Rutgers University, Princeton, New Jersey

- Program: A three-day site visit investigating the structure, function, goals and procedures of a Psychosocial Rehabilitation Center for the chronically disabled adult.

Syracuse University, School of Continuing Education Sagamore Conference Center, Raquette Lake, New York

- Certificate: A three-day conference-workshop on family therapy with Carl Whittaker, M.D.

Family Counseling and Consultations, Inc., Syracuse, New York

- Program: Ten "three hour sessions" of advanced group super-vision in the Family Systems approach to Family Therapy. Leader, Margaret York, A.C.S.W.

1975-76

Family Counseling and Consultation, Inc., Syracuse, New York

- Program: Ten "three hour sessions" of intermediate level group work on the "Therapist's Own Family", focusing on his own professional casework. Leaders, Ona Bregman, A.C.S.W., and Thomas Shur, M.A.

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Training continued.

1975

Syracuse University, School of Continuing Education Sagamore Conference Center, Raquette Lake New York

- Certificate: A three-day conference-workshop on family therapy with Tom Fogarty, M.D., Child Guidance Center, Syracuse, New York
- Program: Three-month full time clinical practicum in family therapy. This included experiences in family diagnostic interviews, family therapy, play therapy, family sculpting and genogram work.

Institute for Family Learning, New Rochelle, New York

- Program: A one-day conference on family systems theory and practice with Murray Bowen, M.D.

Family Counseling and Consultation, Syracuse, New York

- Program: Three "two hour" sessions focusing on issues in family therapy. Directed by Ona Bregman, A.C.S.W., Margaret York, A.C.S.W., and Tom Shur M.A.

1974

Syracuse University, School of Continuing Education Sagamore Conference Center, Raquette Lake, New York

- Certificate: A three day workshop on family therapy, directed by Harry Aponte, M.S.W., from the Philadelphia School

Gestalt Institute of Syracuse, Syracuse, New York

- Program: A Three-day intensive workshop in Gestalt therapy
Leaders: Mary Ann Zeppetello, A.C.S.W., and Sam Graceffo M.D.

1973

George Junior Republic, Freeville, New York

- Program: A one-day site visit on the goals procedures, structure and function of this nationally known residential program for disturbed adolescents.

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PROFESSIONAL EXPERIENCE

1977

Hutchings Psychiatric Center, Syracuse, New York
Geriatric Services

Social Service Coordinator, Therapist, Advocate: Highgate Nursing Home (Medical Skilled Nursing Facility): Responsibilities include the coordination of the treatment planning process of a multi-disciplinary staff, facilitation of team decision making and consultation to medical staff regarding the psychosocial dynamics of nursing home clients. Also included was the provision of counseling and advocacy services to clients and their families. (January-March)

Administrative Assistant, Therapist, Advocate: Geriatric Day Treatment Center: Responsibilities of this assignment included the coordination and development of Policy and Procedure Manual for GDTC (to meet JCAH requirements) coordination of Home Heating Reimbursement Program, development of Cost Center Descriptions (for budgetary purpose), provision of counseling and advocacy services, and consultation to staff regarding family intervention. (April-October)

1975-1976

Hutchings Psychiatric Center, Syracuse, New York - Sunrise Community Center

Program Coordinator: The responsibilities of this assignment included the organization and development of a community based psychosocial rehabilitation center for the repeatedly psychiatrically institutionalized adult. Specifically, the duties of this position included: organizing, developing and coordinating programs for Sunrise; training, education and development of staff; supervision of students; case presentations and direct service to clients in the form of: family therapy, chairing group meetings for program development and change; individual counseling at all levels (clinical, vocational, educational) and advocacy in obtaining housing, medical and financial support.

Hutchings Psychiatric Center, Syracuse, New York – Rehabilitation Department, Office of the Unit Chief
Administrative Assistant: Survey-research duties of this position were primary responsibilities, and are included on page 6 of this Curriculum Vitae, under “Survey - Research Experience”, 1976. Other duties of this position included: the development of service flow charts; master scheduling of Rehab. Staff meetings; assist transfer of patients from a state institution to Hutchings Psychiatric Center, and the organization and direction of an “Orientation to the Rehabilitation Department” for new employees.

1975

Hutchings Psychiatric Center, Syracuse, New York
Adolescent Services

Therapist and Advocate: The duties of this position included direct services to adolescents and their families in the form of group, individual, and family therapy. Duties also included social and psychiatric diagnostic studies, case presentations, psychiatric admission evaluations, and participation in in-service training programs.

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Professional Experience continued.

1972-1975

Hutchings Psychiatric Center, Syracuse, New York

Adolescent Demonstration Project

Co-Director, Developer, Therapist: The responsibilities of this special assignment included the founding, organization, and development of this first community based psychiatric day-service for adolescents in the Hutchings Psychiatric Center.

Development duties included initial public relations work in the community, educating the schools as to the creation, purpose and function of the Adolescent Demonstration Project and creating a working relationship with the schools. It is from this work that referrals were obtained. Also, duties of development included the emphasis and facilitation of Staff in-service education. Subsequent staff gains were made in the areas of family therapy (theory and techniques) and group process.

Therapist duties included direct service to adolescents, their families and schools in the form of family therapy, individual counseling, facilitating group therapy, and school consultation. Duties also included admissions interviews, case presentations, and emergency assistance to individuals in obtaining food, housing and social welfare services from a variety of community agencies.

Co-director duties included budget and equipment requests, co-developing all staff policies and procedures, which forged the direction that the program took. Also, duties included writing proposals for special summer programming, and the subsequent direction and organization of two camping/canoe trips for adolescents in the Adirondack mountains of New York.

1972

Hutchings Psychiatric Center, Syracuse, new York

Team A Outreach

Therapist: Duties of this position included psychiatric admissions interviews and evaluation, leading small groups and individual counseling. Team A Outreach was a community based psychiatric day treatment and outpatient service.

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TEACHING EXPERIENCE

1976

Hutchings Psychiatric Center, Syracuse, New York
Department of Education and Training

- Workshop Director: Directed a six-hour theoretical and experiential workshop entitled "*Introduction to Family Therapy*." Students were therapist trainees.

1974

Syracuse University, Syracuse New York
School of Social Work

- Guest Instructor: Co-led discussion-seminar in group process to undergraduate social work students.

1970

Peace Corps, Bridgetown, Barbados, B.W.I

- Teacher: Teaching elementary subjects, art, and physical education to elementary school children.

Lyncourt Junior High School, Syracuse, New York

- Teacher: Physical education Instructor to young teenage girls.

1968

State University of New York at Cortland, Cortland, New York

- Teaching Assistant: presenting to college students, four lecture-seminars in the Sociology of Mass Society. Specifically, presentations focused on: Riesman's Test, *The Lonely Crowd*, and man's loss of inner directedness and subsequent reliance on others to form his directions in a 20th Century Mass Society; Kornhauser's *Politics of Mass Society*, dealing with the dangers inherent in direct access of politicians to the masses in the formation of a totalitarian regime; and Dwight MacDonald's *Art and Kitch*, dealing with the tendency of arts and culture to be reduced to the lowest common denominator in a mass society, and his coining of the term "the massive middle mush of mediocrity."

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SURVEY-RESEARCH EXPERIENCE

1975-1976

Hutchings Psychiatric Center, Syracuse, New York

- Rehabilitation Department: the research and writing of an Administrative Policy and Procedure Manual for the Hutchings Psychiatric Center Rehabilitation Department; the research of staff time usage in procuring resources from Hutchings administration; the review of recent mental health legislation and reports in New York State to determine implications for Hutchings and the Rehabilitation Programs to determine the extent of client service provided by the department.
- Sunrise Community Center: the research of client needs at Sunrise to be used as a base for program planning.

1972-1973

Hutchings Psychiatric Center, Syracuse, New York

Adolescent Demonstration Program

- Research into the use of camping as a treatment modality for emotionally disturbed adolescents. This led to a subsequent "*Proposal for Adirondack Canoe Trip*" submitted to and approved by Hutchings. Research into the use of more challenging camping experiences in the treatment of adolescents, which led to subsequent "*Proposal for Mountain Climbing Trip in New Hampshire.*" Research into discrimination against adolescents, which resulted in subsequent paper, entitled "*Sex Discrimination in Adolescents.*"

1969

Assisted Cortland State University Professor in doctoral dissertation, focusing on the changing drinking norms of university students after liberalization of drinking laws. Theoretical work included an original application of Merton's Anomie theories and scales to the drinking population.

1968

Interviewer for sociological survey of Catholic parish in Salt Lake City, Utah. Duties included the interviewing of all socio-economic classes of the parish using a 4-5 page questionnaire. The survey was part of a study by the University of Utah, sponsored by the Bishop of Salt Lake City, to determine the changing norms of parishioners.